



TWISTS & TURNS

a theatrical journey devised and performed by the A.B.L.E. Ensembles

**ONE PERFORMANCE ONLY
SATURDAY DECEMBER 2, 2023
2:30PM**

**Edlis Neeson Theater
at The Museum of
Contemporary Art Chicago
220 E. Chicago Ave
Chicago, IL 60611**

ABOUT THE JOURNEY

We started the devising process by conducting interviews with each actor. Everyone answered the same 10 questions, and over the next 10 weeks, the responses were used to develop the scenes, monologues, and even song lyrics for the show.

Take some time to connect with someone and ask them about the *Twists & Turns* on their journey so far:

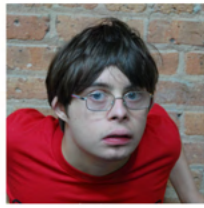
1. **Where are you from?**
2. **Who has supported you on your journey?**
3. **What motto or catchphrase do you live by?**
4. **What is one of your proudest moments?**
5. **Tell me about a time you got lost or felt alone...**
6. **When the world feels stressful or overwhelming, where do you go?
Who do you turn to?**
7. **What is your greatest strength?**
8. **What is the most fantastical place you can imagine?**
9. **Tell me about a time you experienced an obstacle in your path. How did you deal with this challenge?**
10. **Where do you want to be in 20 years?**



SUNDAY ENSEMBLE



Colleen
Altman



Colin
Baar



Marissa
Bloodgood



Jack
Butler



Gabe
Felshman*



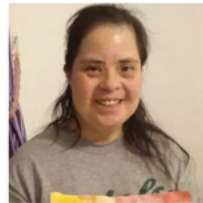
Peter
Grzeslo



Emily
Kwidzinski



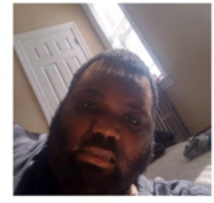
Matthew
La Chapelle



Maggie
Leal



Jake
Solworth



Eric
Williams



Amy
Bahr



Lewis
Beaver*



Megan
Gray



Marilyn
Halperin



Kate
McDuffie



Emily
Seaholm*



Kaylie
Honkala



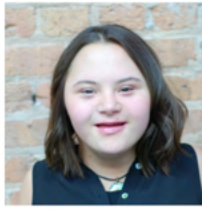
Perry
Hunt



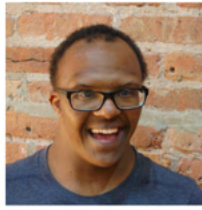
MONDAY ENSEMBLE



Christian
Boyd



Sandia
Coleman



Benjamin
Collins



Alena
Counter Brown



Sophie
Earvolino



Ryan
Foley



Natalia
Janik



Anna
Luzadder



Maggie
Marren



Matthew
Marren



Lucas
Miezal



Lucy
Walsh



Mary Kate
Ashe



Chloe
Belongilot



Shannon
Diegel



Paige
Henderson*



Jo
Jennings



Erin
Nishida



Lindsay
Stock



Kiaran
Hartnett



Lawrence
Kern



SPECIAL APPEARANCE BY



Bill Larkin as The Conductor

PRODUCTION TEAM

ASL Interpretation

Havalah Teaman
Peter Wujcik

Lighting

MCA Team

Open Captioning

Mary Kate Ashe

Production Photo & Video

Dalton Allison
Joanna Jamerson

A.B.L.E. STAFF

Executive Artistic Director

Katie Yohe

Development Manager

Michelle Blose

Program Manager

Beth Sherwood

Teaching Artists

Braden Cleary

Kiaran Hartnett

Creative Associates

Colleen Altman

Rachel Buchanan

Andrew Kosnik

Matt La Chapelle

Sam Radinsky

Kaylie Honkala

Perry Hunt

Lawrence Kern

Emma MacLean

Arin Mulvaney

Melanie Zehner

PROGRAM ADVISORY COUNCIL

Chloe Belongilot

Ryan Foley

Kevin Fox

Natalia Janik

Anna Luzadder

Matthew Marren

Lindsay Stock

Lucy Walsh

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Nicole Kuebler

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Dennis Rossow, *president*

Kendra Van Kempen, *secretary*

SPECIAL THANKS

Afable Consulting, Anchorfish Printing, Johnsonese Brokerage, The Menomonee Club Drucker Center and our Front of House Volunteers - Margaret Sheils, Cindy Sherwood, Joe Sherwood, Maria Yohe



ABOUT OUR PROCESS

Here are a few things you should know about how we work:

We believe everyone is A.B.L.E. to CONNECT

We know that each member of the ensemble communicates in different ways and has different strengths. We want being onstage to be FUN and fulfilling. Rather than pressuring actors to memorize lines, each actor pairs with a member of our teaching team who “drops in” lines. Our facilitators ensure actors can focus on connecting with their scene partners and enjoy themselves without stressing about what to say and where to go next.

We believe everyone is A.B.L.E. to CONTRIBUTE

Teamwork is an essential part of our process. At the top of every rehearsal, we recite our ensemble pact, and remind each other of our promises to work together and support each other. While devising, we practice saying “YES, AND!” - meaning we accept each other’s ideas and build on.

We believe everyone is A.B.L.E. to CREATE

Actors worked on several different pieces throughout the creative process, and collaborated to write dialogue and song lyrics and choreograph movement piece. Each performer has landed in a segment that matches their personal performance goals and allows them to show off a mix of skills.

TWISTS & TURNS

and A.B.L.E.'s 2023-2024 season
was partially supported by grants from:



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INNOVATION



PAUL M. ANGELL
FAMILY FOUNDATION

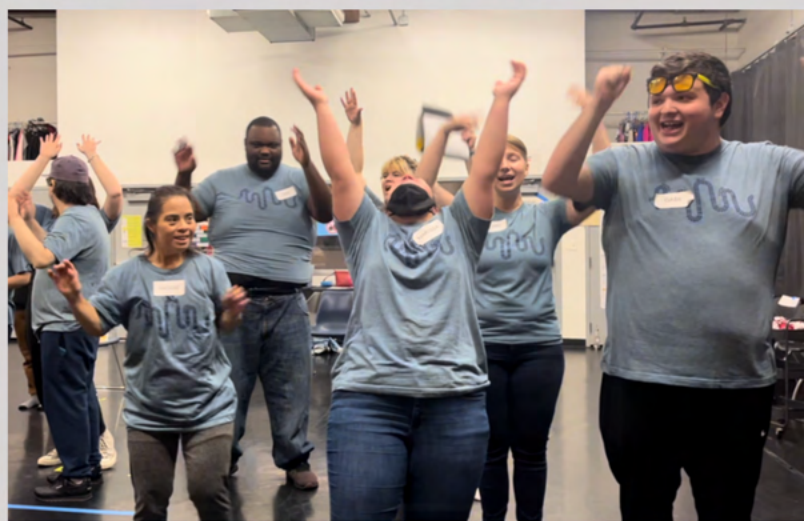


AND FROM SUPPORTERS LIKE YOU!

To help us connect and create all year long,

text "**GIVEABLE**" to **44-321**

to make a tax-deductible donation





We believe everyone is A.B.L.E. to connect, to contribute, and to create. We are A.B.L.E. - Artists Breaking Limits and Expectations. Our mission is to provide performing arts opportunities through which individuals with intellectual and developmental disabilities can share who they are and all they are A.B.L.E. to do. A.B.L.E. engages actors ages 13 and up through performance ensembles and outreach programming. A.B.L.E.'s ensembles have produced more than 25 projects for the stage and screen, ranging from adaptations of theatrical classics by Shakespeare, to original work devised by the ensembles, to award-winning feature films. Whether in person or online, all A.B.L.E. programs strive to foster agency, and nurture lifelong skills like communication and collaboration. By placing people with disabilities in the spotlight, A.B.L.E. strives to shift societal preconceptions, and build more inclusive, empathetic communities.

CONNECT WITH A.B.L.E.



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A.B.L.E. is a registered 501(c)3 nonprofit EIN 81-2667531